

CORONAVIRUS (COVID-19)

Jan. 6

NEW RULES
AND DIRECTIVES IN FORCE

Measures in force from January 9 to February 8, 2021 throughout Québec
except for the territory of Nunavik and the Cree Territory of James Bay

Establishment of a curfew between 8 p.m. and 5 a.m.



Travel is prohibited outside the home

Exceptions are made for health care, humanitarian reasons, and priority work

No visits allowed

A person living alone may see only another person living alone

Maintenance of the closing of non-essential commercial enterprises

- Delivery and pickup at the door are allowed until not later than 7:30 p.m.
- Restaurants, gyms, theatres, cinemas, hairdressing establishments, and places of worship remain closed
- All commercial enterprises must close at 7:30 p.m., except drugstores and service stations
- Restaurants can make deliveries after 7:30 p.m.

Mandatory teleworking

All businesses and office buildings must be closed

Indoor and outdoor activities

All indoor and outdoor social, recreational, or sports activities must be limited to the family bubble or to individuals residing at the same address

No group activities are allowed

Indoor sports activities are prohibited, except physical education classes and special programs in schools, training for recognized athletes, and professional sports after receiving authorization from the public health authorities

Strengthening of measures in the schools



• Elementary schools

Reopen on **January 11, 2021**

Face coverings must be worn in corridors and common areas, and in the classroom by 5th and 6th grade students

This obligation does not apply at the pre-school level

• Secondary schools

Reopen on **January 18, 2021**

Medical procedure masks must be worn by everyone in the classroom, with no exceptions

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