



Discover your true medical personality.
After all, no two practices are alike.
In Brome-Missisquoi we firmly believe
that every one of our region's healthcare
professionals should be able to realize
their full potential. Which is why
we like to pay such special attention
to their unique personalities.

You might be a born adventurer, or a
dedicated scientist, or a poet at heart,
or an outdoors type, or simply keen
on research. Whatever type you are,
we can make you feel right at home
with a practice that's personalized
just for you in every sense of the word.

What's the right environment for you?

- A. An environment where people are valued and teamwork is key.
- B. A competitive environment where the practice thrives on tension.
- C. An environment where professionals are left to their own devices and can work the way they please.
- D. An environment where your practice won't be snowed under by innovation... no changes for change's sake.

LAKEFRONT HOUSE, BROME LAKE



HOME

Your ideal team would be:

- A. Able to get along fine without you.
- B. Able to generate solutions, with a well-developed sense of initiative, because they're dynamic, committed, generous and know they're appreciated.
- C. Undemanding (because teamwork isn't really your cup of tea).
- D. Quiet (because you don't like people interrupting you all day long).

GLADES AT MONT SUTTON

A photograph of two skiers in a snowy forest. The skier on the left is in a dark jacket, and the skier on the right is in a blue and orange jacket, kicking up snow. In the foreground, a green square signpost with a white letter 'H' is visible. The text 'SYMPAT H ETIC' is overlaid on the image, with the 'H' inside the signpost.

SYMPAT H ETIC

The type of practice where you feel most connected:

- A. An ongoing quest for excellence, innovation and collaboration among disciplines... but most of all, a distinctly human dimension.
- B. Isolation and a chance to pursue personal goals that are yours and yours alone.
- C. An opportunity to exercise your skills to the fullest... without having to share your knowledge or rely on others.
- D. A new kind of practice... where you won't be in direct contact with people at all.

JORDAN ROAD, SUTTON, LOOKING SOUTH TO VERMONT

DOWN-
TO-EART



You're choosing a region to practice medicine for:

- A. The beauty of the landscape and the warm, welcoming ways of the folks that live there.
- B. The quality of the facilities to which your practice will have access.
- C. The recognition and appreciation you'll enjoy, as well as support from the community.
- D. Access to the thrills and intensity of a major urban area.

CÔTES D'ARDOISE VINEYARD, DUNHAM



WARM **H** EARTED

As a medical specialist:

- A. You want access to the best practices in your specialty.
- B. You expect to join a well-established team that will make the most of your skills and expertise.
- C. You seek notoriety; teammates should follow your lead.
- D. If the institution hasn't won any awards for outstanding practice, you won't be staying there long.

AUTUMN ON BROME LAKE

C  ARMING

As a family doctor:

- A. You're up to date with the latest developments. You don't take your knowledge for granted. You prefer to work on prevention.
- B. Your specialty is your diagnostic skill... because you treat the entire family.
- C. You believe only a team is really in a position to do serious work in medicine.
- D. You just like to spend time with your "family".

COUNTRYSIDE IN GLEN SUTTON

BREAT  TAKING

What type are you?

- A. An enthusiast who tries to master all sorts of arts and sports.
- B. A driven worker, who doesn't stop until everything, but everything, has been done, and done right.
- C. Not interested in everyday affairs that don't advance your own career.
- D. A firm believer in close social networks as the key to best medical practices.

THE PICTURESQUE ROADS THAT CHARACTERIZE THE REGION

AUT  ENTIC



When you visit a new region, you expect to...

- A. Discover lots of small but delightful things you can easily call your own.
- B. Check out the distance between you and an exciting urban centre.
- C. Be welcomed and shown the proper respect due to your status.
- D. Soon become part of a group that operates with total professionalism.

WEST BROME LOOKING OVER MOUNT SUTTON



HAPPINESS

Answers

If most of your answers belong to one colour, read your profile below. If you have an equal number of answers belonging to two different colours, simply read both profiles and see how the definitions add up.

🟠 An adventurer

You love life, you love challenges and you love the people you live and work with. You're interested in everything, and everything you do is an adventure to be experienced and shared. Nobody's bored when you're around. You put lots of creativity into your practice because that's the way you like it. You want plenty of access to green space and the outdoors... with a major urban centre close by for when the lure of the big city calls.

🟡 A scientist

There's nothing wrong with getting good results... or putting your scientific knowledge to work for other people. You want to make sure you're in a position to provide the best possible treatment. Often your teammates feel almost caught up and swept along with you. But they're glad to follow in your footsteps. Perhaps you're a master of the science of mentoring too.

🟢 An outdoors type

You want to make the most of life. But more importantly, you want everybody else to do the same. You're overflowing with energy and you could probably pull an entire hospital, health and social service centre or private clinic along with you in any direction. You compensate for the long hours spent indoors by an intense relationship with the world of nature around you. Go out there, the world belongs to you.

🟠 A poet at heart

You love your practice, so much so it's contagious... in the good sense. Your staff and colleagues admire the way you work because you put your whole heart into everything you do. Your practice is the kind that entirely justifies the high respect the medical profession enjoys. Luckily for you, there's nothing contrived about this... it all comes naturally.

Dr. Éleine Lafond Dr. Jean-Luc Lanctôt

PROFESSION: Parents

CAREER: Emergency physicians

“The house we bought in Sutton was built on 17 acres of woodland. We cleared out the undergrowth to create a huge playground for the kids. We were made to live here.

“In fact, because family life and travel are important to us, we’ve both chosen to work as emergency physicians. The flexible scheduling and constant mutual support among the medical team in the department make it possible for us to enjoy our favourite interests and pastimes.

“In the past, Sutton was where we used to go on our trips to the great outdoors. Now we live here full-time.”

– Éleine and Jean-Luc



Dr. Émilie Davoine

PROFESSION: Adventurer

CAREER: Emergency physician

"There are mountain biking trails that run right near my house, which means there's a very strong temptation to make the most of them. My schedule actually lets me go out and do all the biking I want. In winter I go skiing several times a week... which says it all.

"Great team spirit makes for an enjoyable atmosphere at work. The best thing is there's no conflict between specialties. The BMP Hospital is a Level 2 trauma treatment centre, and that means I have plenty of stimulating professional challenges.

"I'm pregnant and my first child is a year old. My colleagues strongly encouraged me to take full advantage of my maternity leave. Family life really is one of our team's fundamental values."

– Émilie



Dr. Pascale Beaulieu

PROFESSION: Winemaker

CAREER: Family Physician

“This summer, we planted a hundred vines on our property. It’ll take seven years before we even produce a few bottles of wine. Time goes by nice and easy in our region. We also have four free-ranging hens that give us delicious eggs.

“In 2004, I followed my husband who wanted to move to Sutton for professional reasons. I didn’t know whether I’d like it there or not. I had opened my own medical practice on Montreal’s South Shore. But I took a chance with the CLSC in Farnham and I fell in love with the region and the way medicine is practiced at La Pommeraie. Today I’m doing home-based palliative care. I particularly appreciate the specialist colleagues I have here, the whole medical team and the management.”

– Pascale



Dr. Louis Bissonnette

PROFESSION: Innkeeper

CAREER: Family Physician

“We bought a magnificent, picturesque house dating back to 1899 to make a dream of ours come true – to have our own bed and breakfast inn. We love helping our guests discover our beautiful region. We’ll be adding more rooms too, when the kids leave home.

“When we moved to this region we also wanted to be close to a major urban centre. I’m originally from Montreal and our families live on the South Shore.

“I particularly appreciate the way people are involved in our medical practice, and in the variety it affords. I very much enjoy taking care of my patients and following their cases closely... and the teamwork as well.”

– Louis

